

# GRATITUDE TREE

WHAT YOU FOCUS ON GROWS!

## STEP 1

Print and cut out the trunk and leaf stencils on the next pages.

## STEP 2

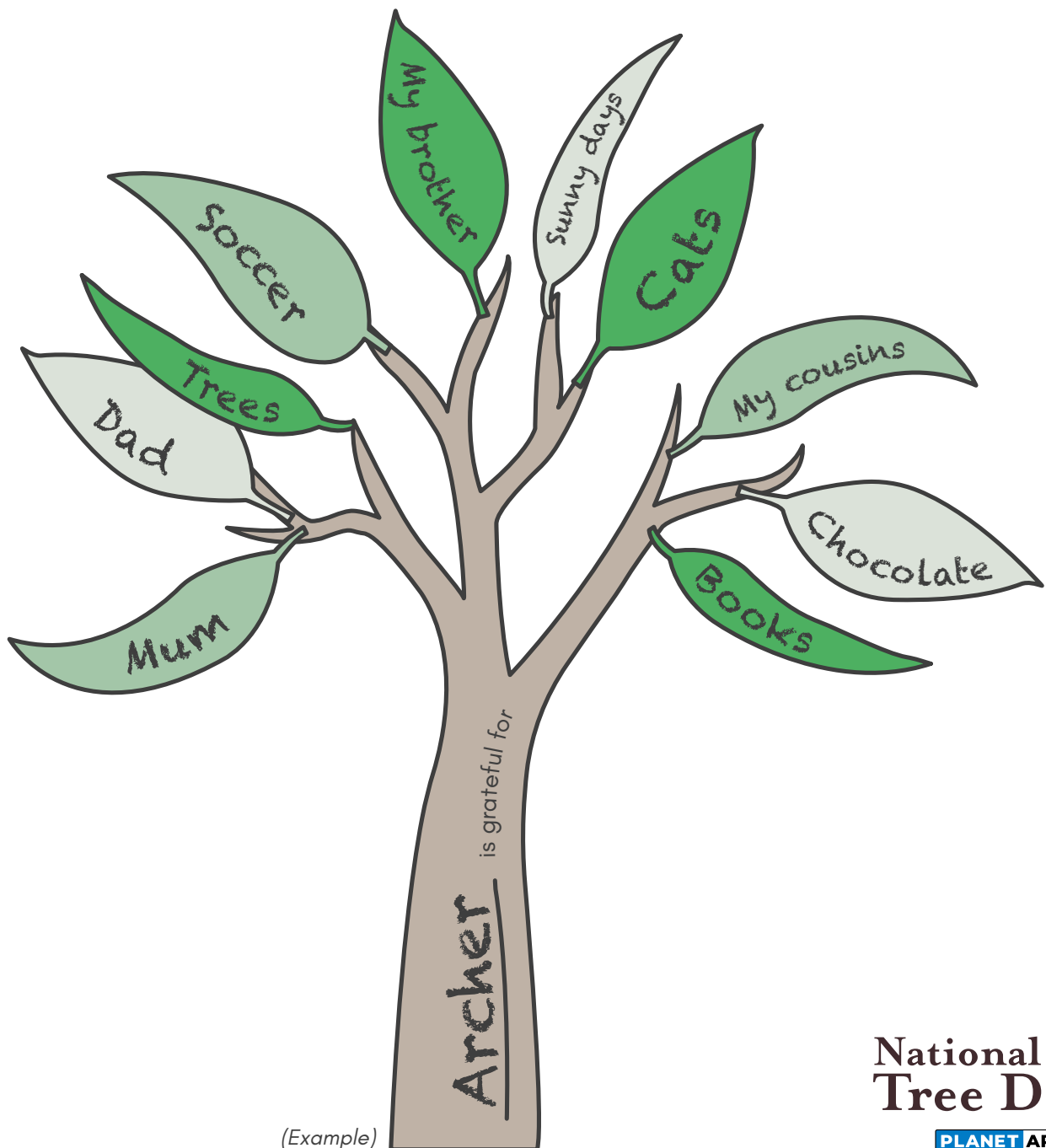
Write your name on the trunk, and things you are grateful for on the leaves. Print out more leaves if needed!

## STEP 3

Glue or sticky-tape your leaves to the tree branches.

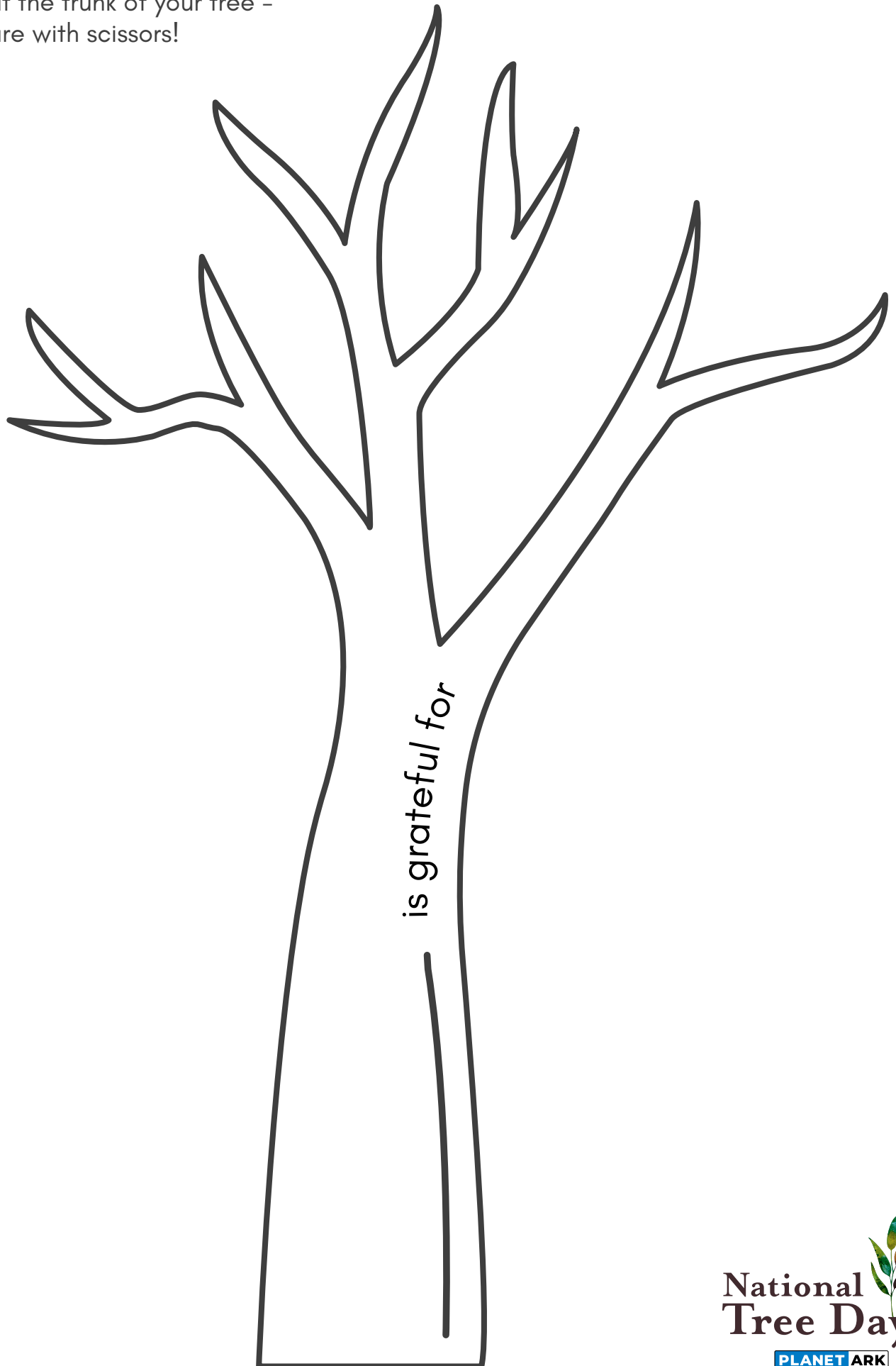
## OPTIONAL

Feel free to paint or colour in the leaves and let dry before writing on them. You can also stick the entire tree on coloured cardboard to help it hold its shape.



# TREE STENCIL ✂

Snip out the trunk of your tree -  
take care with scissors!



# LEAF STENCILS ✂

Snip out the leaves for your tree -  
take care with scissors!

